Caramelized Onion Empanadas!

Apr 18, 2023

These caramelized cuties are bursting with Bitchin' flavor! Buttery browned onions, mushrooms and peppers cuddle up in a cozy empanada cradle, crammed with Caramelized Onion Bitchin' Sauce. Savory, simple, and ohso satisfying.

Serves:

3

Prep Time:

10 min

Cook Time:

35 min

Calories:

248

Ingredients

Measurement	Ingredient
1 tub	Caramelized Onion Bitchin' Sauce
6 disks	Empanada dough
1/2 stick	Butter
2	Eggs, beaten for egg wash
10	Mushrooms, chopped
10	Serrano peppers, chopped
2	White onions, chopped

Method

- 1. Chop onions, mushrooms, and serrano peppers
- 2. Caramelize onions and saute mushrooms & peppers
- 3. Combine and mix into a bowl with Caramelized Onion Bitchin' Sauce
- 4. In a small bowl, mix together the beaten egg with 1 tablespoon of water
- 5. Preheat air fryer to 330 degrees
- 6. Lay empanada dough on flat surface and add filling
- 7. Fold disks in half, fold the edges together, and use a basting brush to cover each one with the egg wash
- 8. Repeat this process with remaining dough and filling and arrange in oiled air fryer basket

- 9. Cook at 330 degrees for 8 to 9 minutes until golden brown
- 10. Dip in Caramelized Onion Bitchin' Sauce and enjoy!