

Caramelized Onion Empanadas!

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Apr 18, 2023

Serves:

3

Prep Time:

10 min

Cook Time:

35 min

Calories:

248

## Ingredients

Measurement	Ingredient
1 tub	Caramelized Onion Bitchin' Sauce
6 disks	Empanada dough
1/2 stick	Butter
2	Eggs, beaten for egg wash
10	Mushrooms, chopped
10	Serrano peppers, chopped
2	White onions, chopped

## Method

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1. Chop onions, mushrooms, and serrano peppers
2. Caramelize onions and saute mushrooms & peppers
3. Combine and mix into a bowl with Caramelized Onion Bitchin' Sauce
4. In a small bowl, mix together the beaten egg with 1 tablespoon of water
5. Preheat air fryer to 330 degrees
6. Lay empanada dough on flat surface and add filling
7. Fold disks in half, fold the edges together, and use a basting brush to cover each one with the egg wash
8. Repeat this process with remaining dough and filling and arrange in oiled air fryer basket
9. Cook at 330 degrees for 8 to 9 minutes until golden brown
10. Dip in Caramelized Onion Bitchin' Sauce and enjoy!